

**LYONS TOWNSHIP MENTAL HEALTH COMMISSION  
REGULAR BOARD MEETING MINUTES  
January 23, 2023**

The Regular Board Meeting was held on Monday, January 23, 2023 at Township of Lyons, Community Room, 6404 Joliet Road, Countryside, Illinois, 60525. Meeting was called to order at 6:03 p.m. by Anthony Przeklasa.

President Anthony Przeklasa asked for the Roll Call.

Commissioner(s) Present: Anthony Przeklasa, Rev. Jeffrey Clemons, Sophia Mallis, William Seith, Al Dorobiala, and Steve Palmer.

Commissioner(s) on Phone: None.

Commissioner(s) Absent: Hon. Russell W. Hartigan

Staff Present: Ron Melka, Executive Director; and Jazmin Lopez, Administrative Assistant.

Agency Director(s) Present: Alan Morales, The LeaderShop; Bill Dwyer, Helping Hand; and Diane Farina White, Community Support Services.

Guest(s) Present: Terrence Casey, Del Galdo Law Group; Greg Lee and Ryan Alderman, Pillars Community Health.

Guest(s) on Phone: Liz Rivera, Aging Care Connections; and Shelly Lustrup, NAMI Metro Suburban.

**AMENDMENTS/APPROVAL OF AGENDA:**

A **MOTION** was made by Palmer and seconded by Seith to approve the Agenda. Ayes: Unanimous. Nays: None. Hearing no Nays, the Agenda was approved.

**REVIEW/APPROVAL OF MINUTES:**

The Minutes of the Board Meeting held on November 21, 2022 were reviewed.

A **MOTION** was made by Palmer and seconded by Mallis to approve the Minutes of November 21, 2022. Roll Call: Steve Palmer, Sophia Mallis, Anthony Przeklasa, Jeffrey Clemons, William Seith, and Al Dorobiala. Ayes: Unanimous. Nays: None. Hearing no Nays, the Minutes were approved.

**PRESENTATION BY PILLARS COMMUNITY HEALTH:**

Greg Lee and Ryan Alderman of Pillars Community Health gave a wonderful presentation on their programs and services offered focusing on their Brief Therapy Model. As always, the Commissioners are thankful for Pillars Community Health's presentation and impact on our community.

**EXECUTIVE DIRECTOR'S REPORT:**

Ron referred to his written report found in the meeting packet. Ron reported that our online grant application went live today. Agencies will be trained on the application process next Monday.

Commissioners will be able to review the grant applications online versus receiving a binder with grant applications. We will have a presentation next month with the review process. Beds and NAMI had a very informative open house at their Summit location. It will be a medically-necessity respite shelter. He will facilitate a Mental Health First Aid training to the Lyons Police Department on February 21. Lastly, there are two vacancies on our Board of Commissioners and any recommendations should be forwarded to him.

### **AGENCY REPORTS:**

**Bill Dwyer, Helping Hand** reported that they had their retreat with both of their boards to do the strategic planning. Their Art Galley event is February 9, where their adult clients sell their artwork. He requested information regarding the Township's summer internship program. They hosted their holiday event for their clients, which was a success. They give food to go home with the families, and it is a wonderful opportunity for their clients and their siblings to enjoy food, games, and Santa.

**Diane Farina White, Community Support Services** reported that they had a few higher-level leadership changes. She has not been able to fill their vice president of programs position. One of the psychiatrist they worked with for years recently retired without much notice, but she has been communicating with Melissa McKay at Helping Hand. They continue to fundraise well and had a great holiday, where they were able to help families in crisis. Their programs have all reopened, including the Academy in Broofield.

**Alan Morales, The LeaderShop** reported that on the strategic end they are looking into how to improve programs and connect with other organizations to share resources. In March, they will be returning to their high school service trip, which was not done since 2019. They are traveling to Tennessee to do some work on homes for families in need.

**Liz Rivera, Aging Care Connections** reported that they also had a Christmas party in December for their Grandparents raising Grandchildren program. They had 20 children that were present that received gifts, as well as their caregivers. They enjoyed having dinner. They have been able to get their contract cleared to get their ad on the digital billboards. They rotate the ad every 7 minutes. They have 5 different billboards advertising that Adult Protective Services Program, the nearest being on LaGrange Road and I-55.

**Shelly Lustrup, NAMI Metro Suburban** reported that their education team were able to present Stress Less to all of the sophomores at LT. That is the first time they have been able to have the Stress Less presentation there. They started their first round of interns, funded by the State of Illinois' CRSS Success Program to assist with the workforce development shortage.

### **OLD BUSINESS:**

NONE.

### **NEW BUSINESS:**

#### **Old National Bank (f/k/a First Midwest Bank) Certificates of Deposits**

A MOTION was made by Palmer and seconded by Clemons that the Old National Bank Certificates of Deposit are rolled over on January 16, 2023 for a 6-month term in the amount of \$193,465.23 and February 25, 2023 in the amount of \$110,888.13. Roll Call: Steve Palmer, Jeffrey Clemons, Anthony Przeklasa, Sophia Mallis, William Seith, and Al Dorobiala. Ayes: Unanimous. Nays: None. Motion Carried.

**Pillars’ FebFete Annual Fundraiser**

A **MOTION** was made by Palmer and seconded by Dorobiala that up to three (3) tickets for Pillars Community Health’s FebFete Annual Fundraiser be purchased. Roll Call: Steve Palmer, Al Dorobiala, Anthony Przeklasa, Jeffrey Clemons, Sophia Mallis, and William Seith. Ayes: Unanimous. Nays: None. Motion Carried.

Discussion followed regarding the Policy on Fundraisers. Przeklasa, Seith and staff will meet to develop recommendations.

**TREASURER’S REPORTS:**

Treasurer Sophia Mallis presented the Treasurer Report dated December 19, 2022 as follows:

|   |                |
|---|----------------|
| Beginning Balance as of October 31, 2022: | \$1,313,678.29 |
| Receipts during November 2022:            | \$ 1,079.88    |
| Disbursements during November 2022:       | \$ 332,079.56  |
| Ending Balance as of November 30, 2022:   | \$ 982,678.61  |

Treasurer Sophia Mallis presented the Treasurer Report dated January 16, 2023 as follows:

|  |                |
|--|----------------|
| Beginning Balance as of November 30, 2022: | \$ 982,678.61  |
| Receipts during December 2022:             | \$ 888,296.85  |
| Disbursements during December 2022:        | \$ 341,378.71  |
| Ending Balance as of December 31, 2022:    | \$1,529,596.75 |

A **MOTION** was made by Seith, seconded by Mallis to approve the Treasurer’s Reports dated December 19, 2022, and January 16, 2023, as presented. Roll Call: Williams Seith, Sophia Mallis, Anthony Przeklasa, Jeffrey Clemons, Al Dorobiala, and Steve Palmer. Ayes: Unanimous. Nays: None. Hearing no Nays, Motion Carried.

**REVIEW AND APPROVAL OF MONTHLY PAYABLES:**

Sophia Mallis presented a Revised list of Twenty-One (21) Payables totaling \$341,357.76 dated December 19, 2022 and a list of Thirty (30) Payables totaling \$336,694.54 dated January 23, 2023.

A **MOTION** was made by Seith and seconded by Clemons to approve the Revised Monthly Payables dated December 19, 2022, and the Monthly Payables dated January 23, 2023, as presented. Roll Call: Ayes: William Seith, Jeffrey Clemons, Anthony Przeklasa, Sophia Mallis, Al Dorobiala, and Steve Palmer. Nays: None. Motion carried.

**COMMENTS FROM THE PUBLIC:**

NONE

**ADJOURNMENT:**

A **MOTION** to adjourn the meeting was made by Palmer and seconded by Seith at 7:21 p.m. All in favor. Ayes: Unanimous. Nays: None. Meeting was adjourned.

\_\_\_\_\_  
Anthony Przeklasa, PhD  
Commission President

\_\_\_\_\_  
Hon. Russell W. Hartigan  
Secretary