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Mental Health News Articles From Around The Web May 3, 2023

[How To Identify A Gaslighting Narcissist](#) – *PsychCentral* ~ A gaslighting narcissist is a person with narcissistic personality disorder who uses gaslighting as a form of control and manipulation.

[A New Report On LGBTQ Youth Sheds Light On The Mental Health Struggles](#) – *Teen Vogue* ~ A new survey conducted by The Trevor Project shed light on the mental health struggles and hopes of LGBTQ young people. In a time when anti-LGBTQ legislation is at an all-time high, it's critical to understand the needs of the communities that are being targeted.

[Among Kids With Autism, Girls Are More Prone To Anxiety Disorders Than Boys](#) – *U.S. News* ~ Boys are four times more likely to be diagnosed with autism than girls are, but girls may be more likely to experience anxiety alongside the disorder than boys, new research reveals.

[Alzheimer's Caregiving Burnout — How To Take Care Of Yourself While Tending To Someone You Love](#) – *Woman's World* ~ Caring for a person with Alzheimer's or another form of dementia is not easy. That's because, in many ways, the disease affects those who act as Alzheimer's caregivers more than it affects the patient. It's no wonder that AD is often called a "family disease."

[As Legal Marijuana Use Increases, Discarded Joints Pose Hazards For Dogs](#) – *PBS* ~ Marijuana poisonings, which are almost never fatal, were once rare among pets, even when medical dispensaries started opening, according to Dr. Amy Attas, a New York City veterinarian. Until recently, many occurred at home, when pets got into their owners' stashes.

[Women Are More Prone To Alzheimer's Disease And Stress May Be The Culprit](#) – *Neuroscience News* ~ Stress may be a factor in why women are twice as likely as men to be diagnosed with Alzheimer's disease. Amyloid beta rose sharply in the brains of female mice but not males during stressful situations. A molecular pathway that is active in brain cells from female mice but not males accounted for the divergent responses to stress. Reducing stress may be more beneficial for women than men, in terms of lowering the risk of Alzheimer's disease.

The above list is provided to promote awareness of current issues and does not constitute support or endorsement of any idea, author, article, website or organization.