**Mental Health News Articles From Around The Web**

**June 4, 2021**

[**Medication Organizers Often Contain “One Pill Can Kill” Meds**](https://www.endocrinologyadvisor.com/home/topics/general-endocrinology/medication-organizers-lethal-one-pill-can-kill-1pck-unintentional-pediatric-exposures/)– *Endocrinology Advisor* ~ Medication organizers often contain “one pill can kill” (1PCK) medications that can be lethal to children, according to the findings of a retrospective study published in the *Journal of Pharmacy Practice*.

**[Deleting Rare Autism Gene Leads To Physical, Social Differences In Mice](https://www.spectrumnews.org/news/deleting-rare-autism-gene-leads-to-physical-social-differences-in-mice/)** – *Spectrum* ~ Loss of the gene KMT5B stunts growth in male mice and leads to social difficulties in female mice, a new study suggests.

[**Tiktok A Tool In Mental Health Care?**](https://www.medscape.com/viewarticle/952088?src=WNL_dne_210604_mscpedit&uac=205757SV&impID=3418706&faf=1) – *Medscape* ~ "TikTok became another way of promoting mental health ideas," said Puder. "There is a lot of bad information out there and my overarching purpose is to try to get people excited about mental health."

[**Learning To Live In A World Without A Loved One**](https://greatergood.berkeley.edu/article/item/learning_to_live_in_a_world_without_a_loved_one)– *Greater Good Magazine* ~ Not only has the virus caused the unexpected, sudden deaths of so many, but the circumstances accompanying those deaths—and the limitations the pandemic placed on mourners—have made the grieving process that much harder to navigate.

[**Transgender Teens May Turn To Alcohol To Cope With Extra Stress**](https://www.medicalnewstoday.com/articles/transgender-teens-may-turn-to-alcohol-to-cope-with-extra-stress)– *Medical News Today* ~ A 2-year survey of transgender or gender minority (GM) adolescents, who have a different gender identity than the one they were assigned at birth, suggests that many use alcohol to cope with GM-related stress.

[**Bilingualism Allows Autistic Children To Compensate For Certain Fundamental Deficits**](https://www.news-medical.net/news/20210603/Bilingualism-allows-autistic-children-to-compensate-for-certain-fundamental-deficits.aspx)– *News Medical Life Sciences* ~ Bilingual families with an autistic child often tend - and are sometimes encouraged - to forego the use of one of the home languages, so as not to further complicate the development of their child's communicative skills.

[**Blood Sugar Highs And Lows Linked To Greater Dementia Risk In Type 1 Diabetes**](https://www.eurekalert.org/pub_releases/2021-06/aaon-bsh060121.php) – *EurekAlert!* ~ Older people with type 1 diabetes who have been to the hospital at some point for both low and high blood sugar levels may be at six times greater risk for developing dementia years later.

[**Post-Traumatic Growth: What It Takes To Heal From Trauma**](https://www.healthline.com/health/what-is-post-traumatic-growth)– *Healthline* ~ While trauma can invoke a terrifying and debilitating response, in some cases it can be a catalyst for positive changes. In the best cases, it may even spark growth, strength, and resilience.

*The above list is provided to promote awareness of current issues and does not constitute support or endorsement of any idea, author, article, website or organization.*